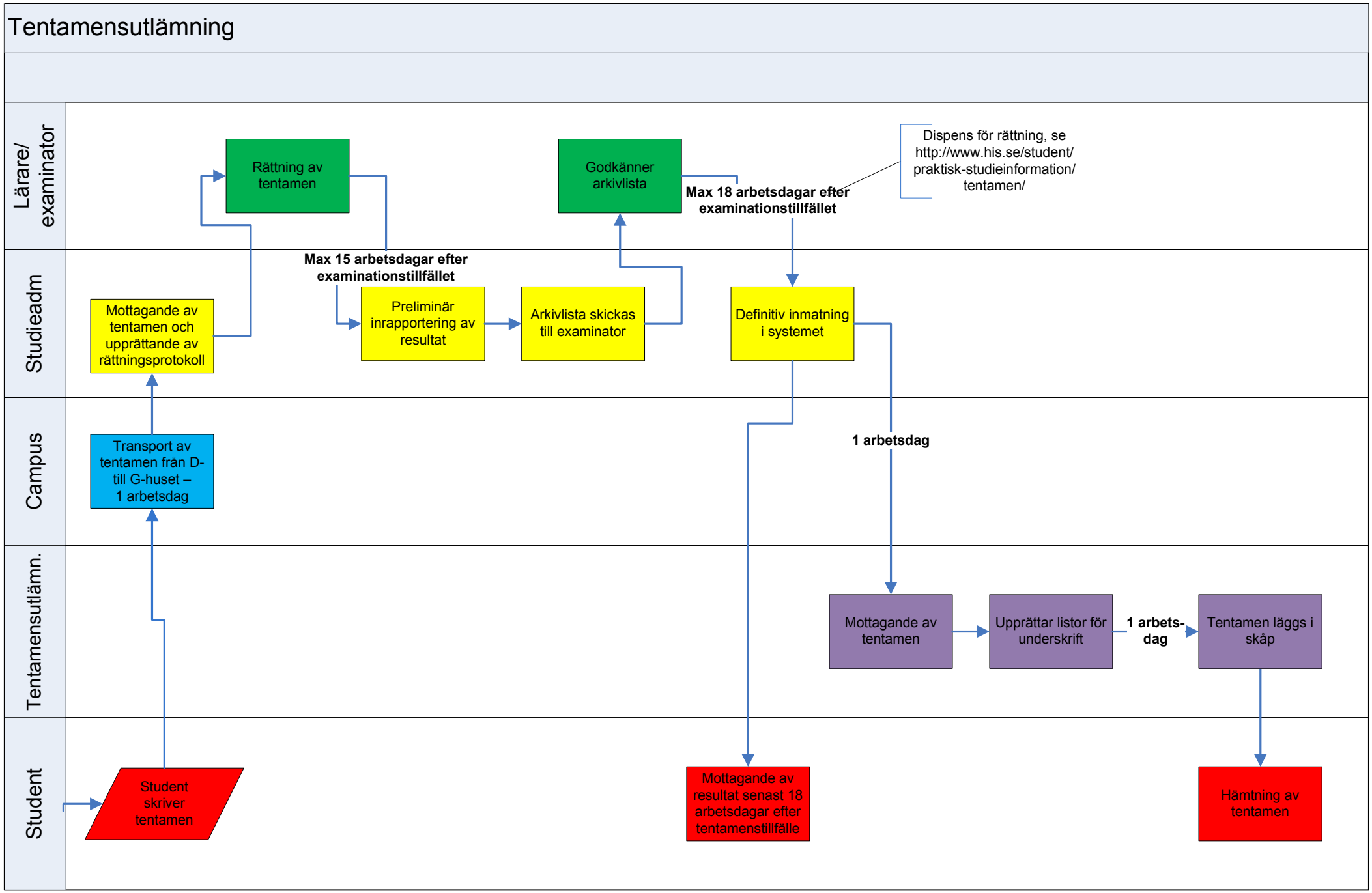Tentamensutlämning