INGENIUM
European University

INGENIUM FOR A HEALTHY CAMPUS: SHARED PRINCIPLES AND COMMITMENTS

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Introduction

INGENIUM is an Alliance of ten European universities which embodies the heterogeneity of European higher education. Diverse in geography, cultural background, organisation, and activities; the INGENIUM Alliance partners comprise research and applied universities, in addition to comprehensive and specialist institutions. All Partners aim to share the same values regarding education, research, innovation, and social engagement.

In line with the mission and vision of the INGENIUM Alliance, the current shared Principles and Commitments recognise the foundational importance of health and wellbeing to our success as individuals, communities, and indeed as a collective society.

Arising from the preliminary work undertaken by INGENIUM Partner experts as part of Work Package (WP) 9.4 (*'INGENIUM for a Healthy Campus'*), it was established that coordinated efforts to support health and wellbeing constitute fundamental priorities for all INGENIUM Partners. The Okanagan Charter for Health Promoting Universities and Colleges (2015) articulates that this can be enacted by:

- *"Embedding health and wellbeing into all aspects of campus culture";*
- "*Leading health promotion action and collaboration locally and globally"*

(Okanagan Charter, 2015, p. 3)

The current collection of shared Principles and Commitments have been set out by INGENIUM Alliance Partners and WP 9.4 experts to inspire collaborations within and across the Alliance to advocate for healthier campus settings, whilst harnessing shared knowledge and fulfilling requirements set under European Higher Education Area (EHEA). The current INGENIUM Principles intend to align with the seminal Okanagan Charter for Health Promoting Universities and Colleges (2015).

The Principles

The current Principles are designed to assist all within the INGENIUM Alliance campus communities to recognise the collective power of the Alliance to advocate, support, and enhance health and wellbeing.

Where relevant, the Healthy Campus Principles are tailored to the INGENIUM Alliance needs that were identified as part of the work carried by WP 9.4 'INGENIUM for a Healthy Campus'.

Principle 1. Recognise a Collective Responsibility to Advocate for the Principles Comprised within the Okanagan Charter for Health Promoting Universities and Colleges

Endeavour to promote health, wellbeing, inclusion, diversity and sustainability through campus policies, strategies, actions, teaching, research, and engagement activities.

Principle 2. Strive to Co-Create Supportive Campus Environments

In alignment with the Okanagan Charter (2015), advocate for the co-creation of healthy and supportive learning, working, recreational and living environments. Strive to continuously reflect on how facets of the contemporary campus environment (built, cultural, virtual) could support healthy living.

Principle 3. Create a Culture of Wellbeing

Advocate for a campus culture that enables health, wellbeing, inclusion, equity, diversity, and sustainability.

Principle 4. Advocate and Support a 'Whole-Campus' Perspective to Health and Wellbeing

In alignment with established good practice, advocate for a settings-based 'whole-campus' paradigm to recognise the critical role of higher education institutions (HEIs) in supporting health, wellbeing, inclusion, equity, diversity, and sustainability.

ANNEX 1: Letter of Commitment to the INGENIUM Healthy Campus Principles

On behalf of _____ (University's name), I wish to pledge my commitment to the INGENIUM Healthy Campus Principles.

In committing to these Principles, we recognise that we join a European community with a shared goal of creating of culture of health and wellbeing on all campuses.

In determining our health and wellbeing priorities and interventions, we commit to:

1. Recognising a Collective Responsibility to Advocate for the Principles Comprised within the Okanagan Charter for Health Promoting Universities and Colleges

2. Striving to Co-Create Supportive Campus Environments

3. Creating a Culture of Wellbeing

4. Advocating and Supporting a 'Whole-Campus' Perspective to Health and Wellbeing

Name:	
Signature:	
Function:	
Institution:	