

# "It works for someone, but not for me"

The ongoing challenge of usable security

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#### Introduction

- Technology alone cannot 'solve' security
  - the attitudes, awareness, behaviour and capabilities of users can have significant influence
- Factors such as lack of understanding and unreasonable demands from technologies can impact and impede users' security efforts
- Technology designers/developers/providers have a significant role to play in helping to overcome the challenges



#### **Cyber Security - Some uncomfortable truths**

- It requires us to do things that may not come naturally
  - and in some cases, things we actively don't want to do!
- It isn't normally the thing that we have set out to do when using the technology
  - there are normally a variety of 'must do' tasks to be addressed
- When we use it, we often don't enjoy the experience
  - security often gets in the way and can be regarded as a nuisance





## **Affecting Perceptions**



- Often a mismatch between what we want, need and get in relation to security
- Applies to:
  - support from those providing or expecting them to use it (e.g. websites, employers)
  - support from the technologies they are expected to use
- Can affect how we end up perceiving it ...



## **Possible Perceptions**



# Security is our *friend*!

- A Guardian Angel
- Blocks threats
- Safeguards data
- Provides reassurance
- Enables activity



#### **Possible Perceptions**

# Security is our enemy!

- Gets in the way
- Makes things take longer
- Says 'No'!
- Makes us worry
- Inhibits activity





#### It's not just about perception ...

- People are often characterised as "the weakest link" in cyber security
- This is often because they make mistakes and let's remember … 'to err is human'
- Cybersecurity-related mistakes can occur for different reasons:
  - fundamental lack of knowledge and understanding
  - poorly presented technologies
  - unclear/ambiguous rules or processes
  - rushed or pressured decisions



#### Overcoming the weakest link

- Characterising people as the weakest link is often correct
  - it is often their action (or lack of it) that leads to a breach
- But is the characterisation fair and is it avoidable?
  - are people placed in a context where they are lined up to fail?
  - is enough done to support them to know and do better
- Related responsibilities sit with the designers/providers of security controls, as well as with organisations in which the people are working



# **Usable Cyber Security**



## Something to keep in mind ...

# "The way to make security that works is to make security that works for people"

www.ncsc.gov.uk/speech/people--the-strongest-link



#### Something we need but not something we want

- No-one buys a computer in order to use security features
- Security is, at best, a necessary evil
  - and often it's just a nuisance
- Implications:
  - If people think they can manage without security, they will ignore it
  - If security is too difficult to use, people won't use it
  - If it gets in the way, people will switch it off



#### Not a new issue

#### Why Johnny Can't Encrypt: A Usability Evaluation of PGP 5.0

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#### Abstract

User errors cause or contribute to most computer security failures, yet user interfaces for security still tend to be clumy, confusing, or near-nonexistent. Is this simply due to a failure to apply standard user interface design techniques to security? We argue that, on the contrary, effective security requires a different usability standard, and that it will not be achieved through the user interface design techniques appropriate to other types of consumer software.

To test this hypothesis, we performed a case study of a security program which does have a good user interface by general standards: PGP 5.0. Our case study used a cognitive walkthrough analysis together with a laboratory user test to evaluate whether PGP 5.0 can be successfully used by cryptography novices to achieve effective electronic mail security. The analysis found a number of user interface design flaws that may contribute to security failures, and the user test demonstrated that when our test participants were given by minutes in which to sign and encrypt a message using PGP 5.0, the majority of them were unable to do sourcessfully.

so successfully.

We conclude that PCP 5.0 is not usable enough to provide effective security for most computer users, despite its attractive graphical user interface, supporting our hypothesis that user interface design for effective security remains an open problem. We close with a brief description of our continuing work on the development and application of user interface design principles and techniques for security.

#### 1 Introduction

Security mechanisms are only effective when used correctly. Strong cryptography, provably correct protocols, and bug-free code will not provide security if the people who use the software forget to click on the cancryle button when they need privacy, give up on a communication protocol because they are too confused about which cryptographic keys they need to use, or accidentally configure their access control mechanisms to make their private data world-readable. Problems such as those use already quite serious: at least one they are already quite serious: at least one the probable cause of more than 90% of all computer security failures. Since average citizens are now increasingly encouraged to make use of networked computers for private transactions, the need to make security manageable for even untrained users has become critical [4, 9].

This is inescapably a user interface design problem. Legal remedies, increased automation, and user training provide only limited solutions. Individual users may not have the resources to pursue an attack took place. Automation may work for securing a communications channel, but not for setting access control policy when a user wants to share some files and not others. Employees can be required to attend training sessions, but home computer users cannot.

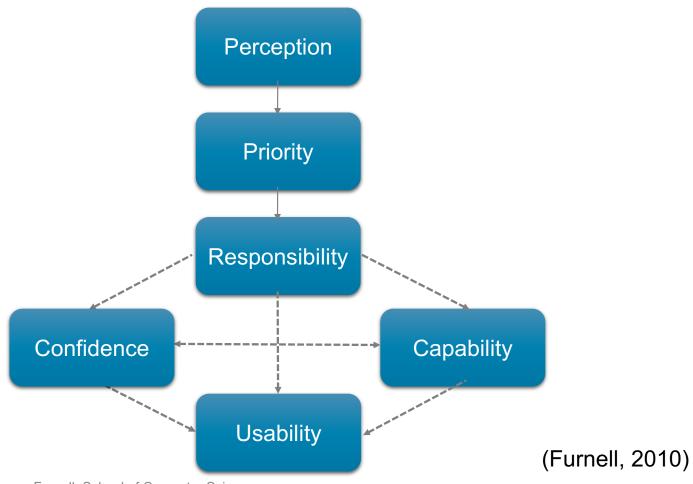
Why, then, is there such a lack of good user interface design for security? Are existing general user interface design principles adequate for security? To answer these questions, we must first understand what kind of usability security requires in order to be

- Seminal paper from 1999
- Not the first mention of usability in a security context, but widely-cited since
- Other works in the same era flagged other problems with usability, from both clarity and performance perspectives

<sup>&</sup>lt;sup>1</sup> Also at Computer Science Department, Carnegie Mellon University (on leave).



# The ultimate security hurdle?





#### What is usability?

■ ISO 9241–11:2018 defines usability as:

'The effectiveness, efficiency and satisfaction with which specified users achieve specified goals in particular environments'

- The criteria by which usability is assessed are:
  - effectiveness: the accuracy and completeness with which specified users can achieve specified goals in particular environments;
  - efficiency: the resources expended in relation to the accuracy and completeness of the goals achieved;
  - satisfaction: the comfort and acceptability of the work system to its users and other people affected by its use.



#### Fitting tasks to the human

In practice, making security usable means establishing a fit with four key elements:

- 1. the capabilities and limitations of the target users
- 2. the goals those users have, and the tasks they carry out to achieve them
- 3. the physical and social context of use
- 4. the capabilities and limitations of the device on which the security mechanism is used

M. A. Sasse, S. Brostoff, and D. Weirich, "Transforming the 'weakest link'—a human/computer interaction approach to usable and effective security," *BT Technology Journal*, vol. 19, no. 3, pp. 122–131, 2001.



# Give us a CLUE

<u>C</u> onvenient	<ul> <li>Need to maintain balance - security should not be so visible that it becomes intrusive or impedes performance</li> <li>We are likely to disable features that interfere with legitimate use</li> </ul>
<u>L</u> ocatable	<ul> <li>We need to be able to find the features we need</li> <li>If we have to spend too long looking, we may give up and remain unprotected</li> </ul>
<u>U</u> nderstandable	<ul> <li>We should be able to determine and select the protection we require</li> <li>The technology should not make unrealistic assumptions about our prior knowledge</li> </ul>
<u>E</u> vident	<ul> <li>We ought to be able to determine whether protection is being applied and to what level</li> <li>Appropriate status indicators and warnings will help to remind us if safeguards are not enabled</li> </ul>



#### Too much to tolerate?

- Confusing
- Distracting
- Time-consuming
- Inconsistent
- Insufficient



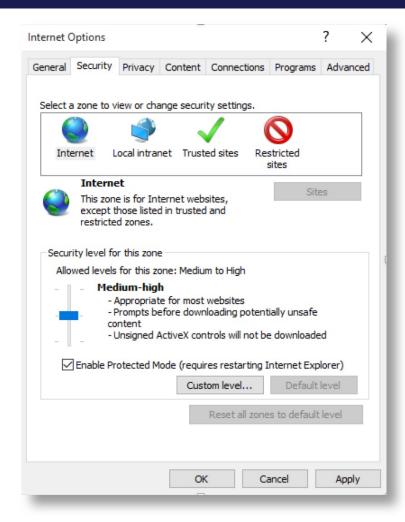


# A classic example



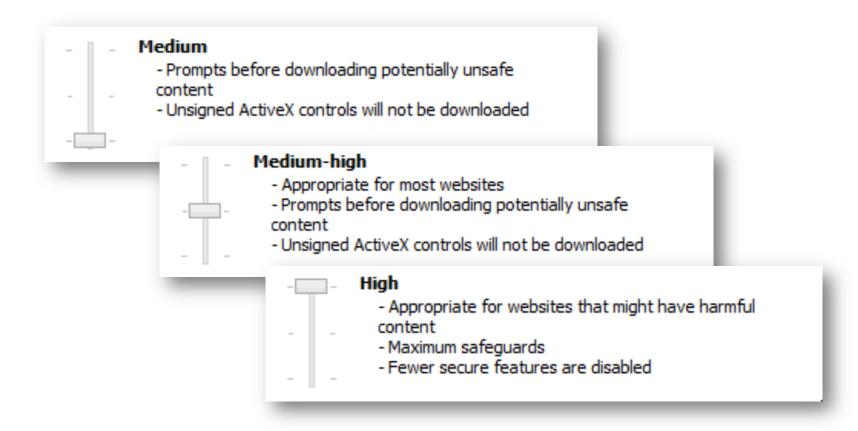
## My 'go to' example of 'bad'

# The Security Settings within *Internet Explorer 11*



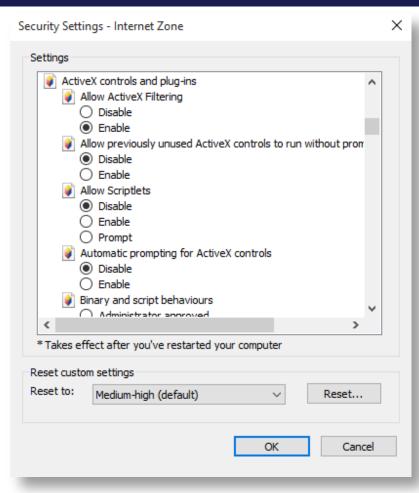


#### Spot the difference ...





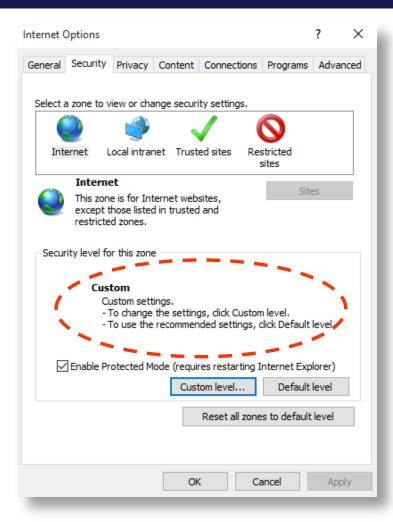
# **IE 11's Custom Security settings**





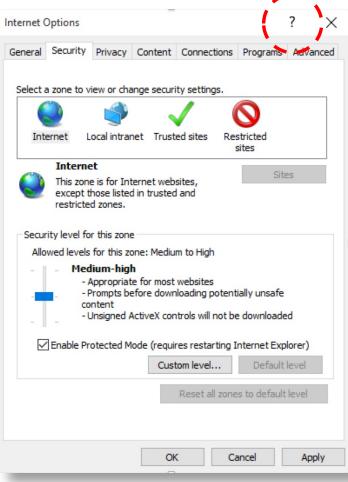
#### Where has the slider gone?

Having gone into the Custom settings, you no longer get any indication of your level of protection





## Hold on, maybe I'm missing something





#### So, was I missing something?

# Change security and privacy settings for Internet Explorer 11



#### Note

Go to the bottom of the page to get help for older versions of Internet Explorer. Which version of Internet Explorer am Lusing?

#### Privacy settings

By adjusting Internet Explorer's privacy settings, you can affect how websites monitor your online activity. For example, you can decide which cookies are stored, choose how and when sites can use your location info, and block unwanted pop-ups.

#### Show All

- Cookies
- ✓ Do Not Track
- ✓ InPrivate Browsing
- Location
- Pop-up Blocker
- Tracking Protection

#### Security zones

By changing the security settings, you can customize how Internet Explorer helps protect your PC from potentially harmful or malicious web content. Internet Explorer automatically assigns all

# Not much of obvious use here

Let's look at Security Zones ...



#### Help?

#### Security zones

By changing the security settings, you can customize how Internet Explorer helps protect your PC from potentially harmful or malicious web content. Internet Explorer automatically assigns all websites to a security zone: Internet, Local intranet, Trusted sites, or Restricted sites. Each zone has a different default security level that determines what kind of content might be blocked for that site. Depending on the security level of a site, some content might be blocked until you choose to allow it, ActiveX controls might not run automatically, or you might see warning prompts on certain sites. You can customize the settings for each zone to decide how much protection you do or don't want.

#### Show All

- Change your security zone settings
- Turn on Enhanced Protected Mode

Nothing yet to explain what the actual Settings mean



## Help!

#### Change your security zone settings

- 1. Open Internet Explorer, select the **Tools** button , and then select **Internet options**.
- 2. Select the **Security** tab and customize your security zone settings in these ways:
  - To change settings for any security zone, select the zone icon, and then move the slider to the security level that you want.
  - To create your own security settings for a zone, select the zone icon, and then select **Custom level** and choose the settings that you want.
  - To restore all security levels to their original settings, select the Reset all zones to default level button.

Still nothing to explain what the Settings mean



## Help!!

- Add or remove a site from a security zone
  - 1. Open Internet Explorer, select the **Tools** button , and then select **Internet options**.
  - Select the Security tab, choose one of the security zone icons (Local intranet, Trusted sites, or Restricted sites), and then select Sites. You can add sites to the zone you chose, or delete sites that you no longer want in this zone.
  - 3. If you chose **Local intranet** in the previous step, select **Advanced**, and then do one of the following:
    - Add a site. Enter a URL into the Add this website to the zone box, and then select Add.
    - Remove a site. Under Websites, select the URL you want to remove, and then select Remove.

Still nothing to explain what the Settings mean

(Spotting a pattern yet?)



#### Help!!!

#### Turn on Enhanced Protected Mode

Enhanced Protected Mode makes it harder for malware to run in Internet Explorer.

To turn on or off Enhanced Protected Mode

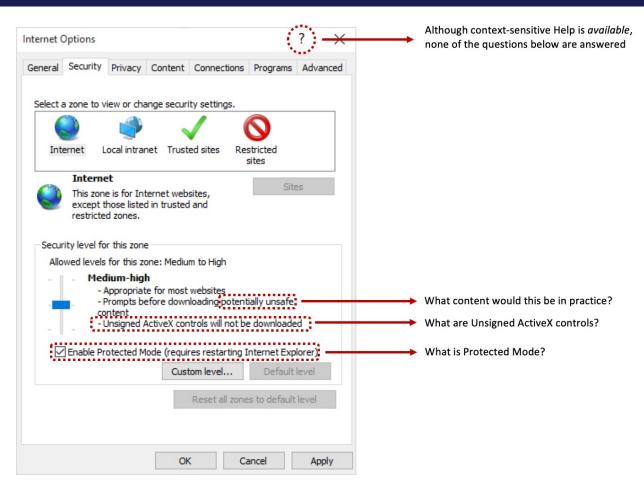
- 1. Open Internet Explorer, select the **Tools** button, and then select **Internet Options**.
- On the Advanced tab, under Security, select (or clear) the Enable Enhanced Protected Mode check box, and then select OK. You'll need to restart your PC before this setting takes effect.

Of course, still nothing to explain the Settings

Meanwhile, what *is* Enhanced Protected Mode? We *know* how to turn it on – we were already on that screen! What does it *do*, and why would I *not* want to use it?



#### So, in summary ...





#### **Getting an Edge?**

- Ground-up redesign of the browser
  - engineered-out various aspects that would have required users to have an additional security interactions and decisions
  - heralded as a more secure application
- Leaves users free to focus upon aspects that they can relate to and see as relevant
  - no longer concerned with security zones and levels
  - just ten settings less to understand and less to potentially misconfigure



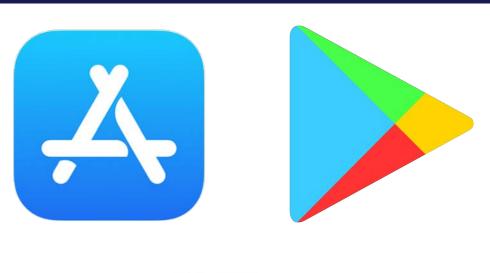


# More recent examples



## **App permissions and privacy**

- A context in which the user may 'see' what access an app will obtain to their device and data
- Not necessarily an option to control it
- App Stores provides the basis for a decision before downloading the app
- But is it an informed decision?

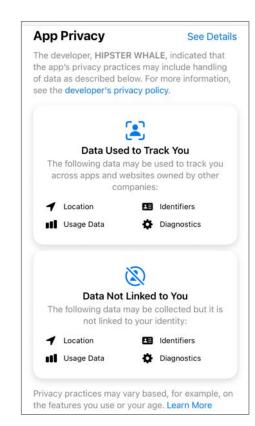


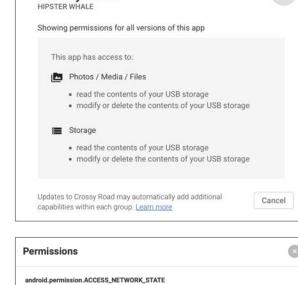




# Permissions ... same app, different stores







Crossy Road

android.permission.ACCESS\_WIFI\_STATE

android.permission.READ\_EXTERNAL\_STORAGE android.permission.RECEIVE\_BOOT\_COMPLETED

android.permission.WRITE\_EXTERNAL\_STORAGE

 $com.google. and roid. finsky. permission. BIND\_GET\_INSTALL\_REFERRER\_SERVICE$ 

android.permission.INTERNET

android.permission.WAKE\_LOCK

com.android.vending.BILLING

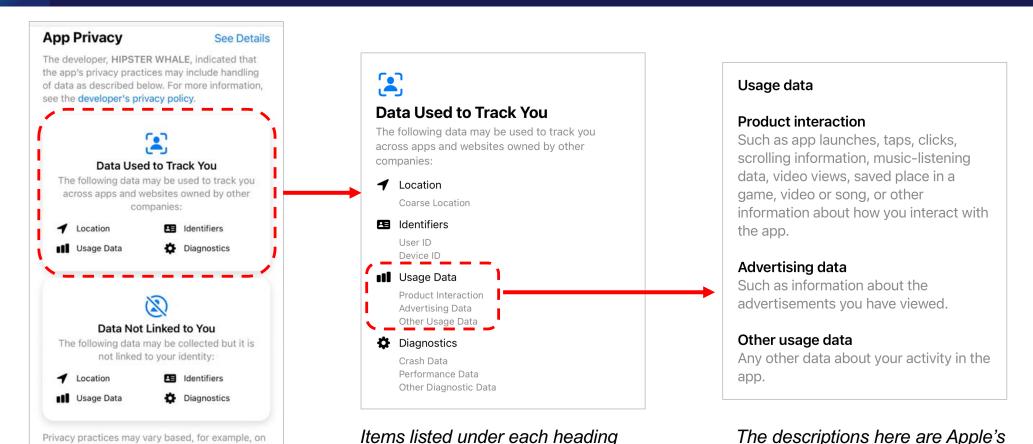
Google Play

Aptoide

App Store



#### What do the permissions mean?



reflect what this specific app is

collecting

generic indicators of what the

permissions mean

the features you use or your age. Learn More



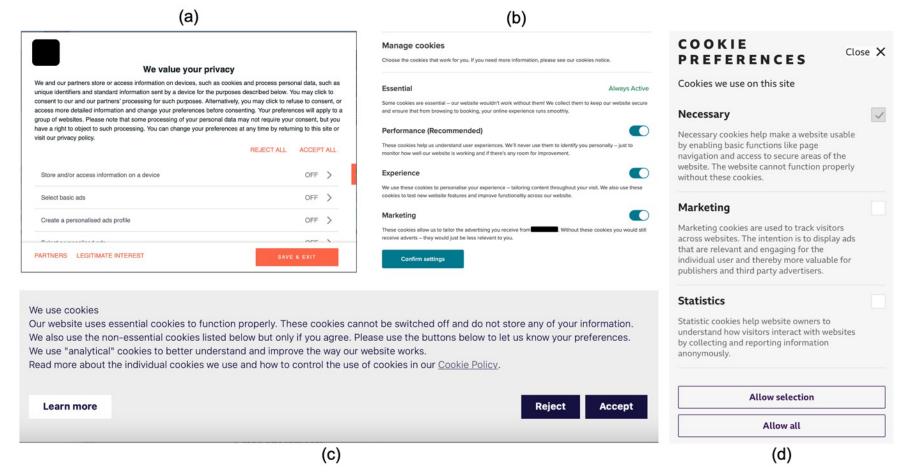
#### **Unanswered questions**

- Why does Crossy Road need these permissions?
- What is the app or the developer going to do with the data it collects?
- And all the while, the user is told about the permissions butx has no control over them





#### Cookies – another example of 'same but different'





### Variations by default

- (a) and (c) enable the user to Reject all optional cookies with one click, but others do not
- (b) and (d) provide brief explanations of their settings, (a) does not
- (a) and (d) set all optional settings 'off' by default, whereas (b) defaults all to 'on' and has the 'Confirm settings' highlighted, increasing the chance to accept everything (potentially in error)
- (c) conceals details individual cookie settings unless you 'Learn more'. If you 'Accept' from the initial dialogue, you have o clear indication of what settings are accepted
- (d) shows the 'Necessary' cookies as a pre-selected checkbox that the user cannot change
- (d) has 'Allow all' to select everything, but no corresponding 'Reject all'



#### **Smart TVs ... the variation continues**



LG 55UH7700 (2016)



Samsung UE50KU6000K (2016)



Sony Bravia XR XR55A80J (2021)

- All download and install apps, browse the web, store media (music/photos/videos), connect to external devices
- All have options for Software Update to keep apps and system software up-todate, but beyond this ...





LG 55UH7700 (2016)

- Appears to have nothing related to security
  - the closest is a 'Safety' menu to sett a PIN to control access to applications, inputs (sources), and programmes (channels)
- User conclusion:
  - Security is not an issue, as there are no settings to worry about





Samsung UE50KU6000K (2016)

- Has 'Smart Security' options buried away within an 'Expert Settings' section of the overall 'System' settings.
  - these "protect your TV from hackers, spyware, and viruses
  - include the options to scan the device for malware, and to enable/disable Real-Time Monitoring
- A PIN-based lock to prevent changes to channels/tuning, as well as restrict access to the apps (but the latter is not done via the main device settings)





Samsung UE50KU6000K (2016)

#### User conclusions:

- there are some settings related to malware protection – there is presumably a risk from this
- there is an option to monitor for it in real time, and so if that is on, we can assume we are as protected as possible





Sony Bravia XR XR55A80J (2021)

- Supports user accounts and sign-in (with suboptions for payment authentication and permitting the use of the voice assistant)
- Parental controls (which links to the PIN-based restrictions for channels, inputs and apps)
- An Apps menu (including sub-options for 'App permissions' and Security 'restrictions')
- A distinct Privacy menu with sections for devices, account and app-related settings (including some of the options also accessible via other menu routes)





Sony Bravia XR XR55A80J (2021)

- User conclusions:
  - Dealing with security and privacy appears to be a something of a challenge, as there is quite a confusing array of settings
  - It takes a while to navigate around to:
    - find them all
    - get a sense of whether everything is setup as desired



#### Reflections

- What we see across these 'broader context' examples is that:
  - all bring security and privacy issues with them
  - the default in each case still has significant potential to leave users feeling that things fall of following ISO usability principles
- For example, we see approaches that users may feel are:
  - not effective (e.g. the lack of real insight or control with the privacy labels)
  - not efficient (e.g. the varying demands of the cookie settings)
  - not satisfying (e.g. the varying presence or absence of features across different smart devices)
- There is perhaps some way to go before usable security can be relied upon



# "Have you looked at the privacy and permissions settings?"



"I would have assumed that they had them, but I've never really given it that much thought. I've never looked at the privacy settings. No."

"I feel like I probably know that they have those settings, but I don't think I've ever looked them in great detail."

"I trust that the speaker has kind of built in settings. I don't necessarily look at them personally."

"Yes, I know about them. And no, I haven't looked at them."

"I haven't because I didn't know how to do it or I didn't know I needed to do it, and I didn't know it existed."

"I'm aware of it. I've never looked into it."

(Heer, Alghamdi and Furnell, 2023)



# Conclusions



#### Conclusions

- It is too easy to focus upon technology and forget the people that use it
- Security is meant to support and protect us
  - it should not become the source of frustration!
- Security does not have to be difficult to use
  - poor design and lack of consideration often ensures that it is
- Making security-related options available is not enough
  - need to consider usability, clarity, overheads
  - if we cannot use the features, we remain unprotected
- Need to ensure that the technology does not stand in the way
  - unusable security may be as good as none at all



### A few questions to consider

- Clarity
  - Can the user understand it?
  - Can they get help?
- Overhead
  - Is it requiring too much time?
  - Is it interrupting something?
  - Does it affect other programs?
  - Does the user have to see it?
- Configurability
  - Does it allow users to do what they are likely to want/expect?



